

CIRCLES OF SUPPORT

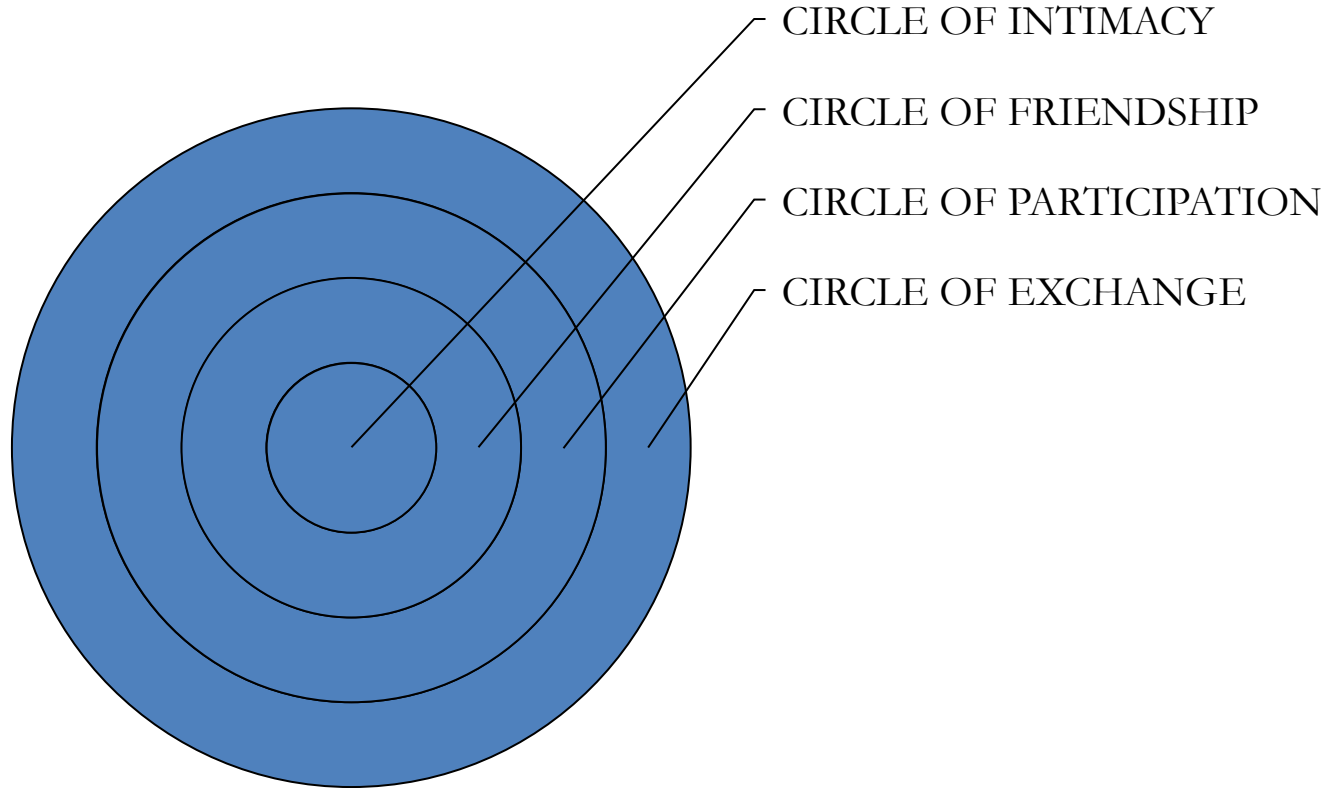


CIRCLES OF SUPPORT

- Interaction with other people is an important part of people's lives
- People interact with their family, friends, neighbours, colleagues, acquaintances, hairdresser, doctors and other people
- People with intellectual disabilities who lived isolated in residential institutions often do not have many people around them to interact with



CIRCLES OF SUPPORT



FOUR CIRCLES OF SUPPORT:

- First Circle: The Circle of Intimacy - those you cannot imagine living without
- Second Circle: The Circle of Friendship - those who almost made the first circle, the best friends
- Third Circle: The Circle of Participation - those people, organization, and networks you are involved with
- Fourth Circle: The Circle of Exchange - those people paid to be in your life



EXCERSIZE: CIRCLES OF SUPPORT

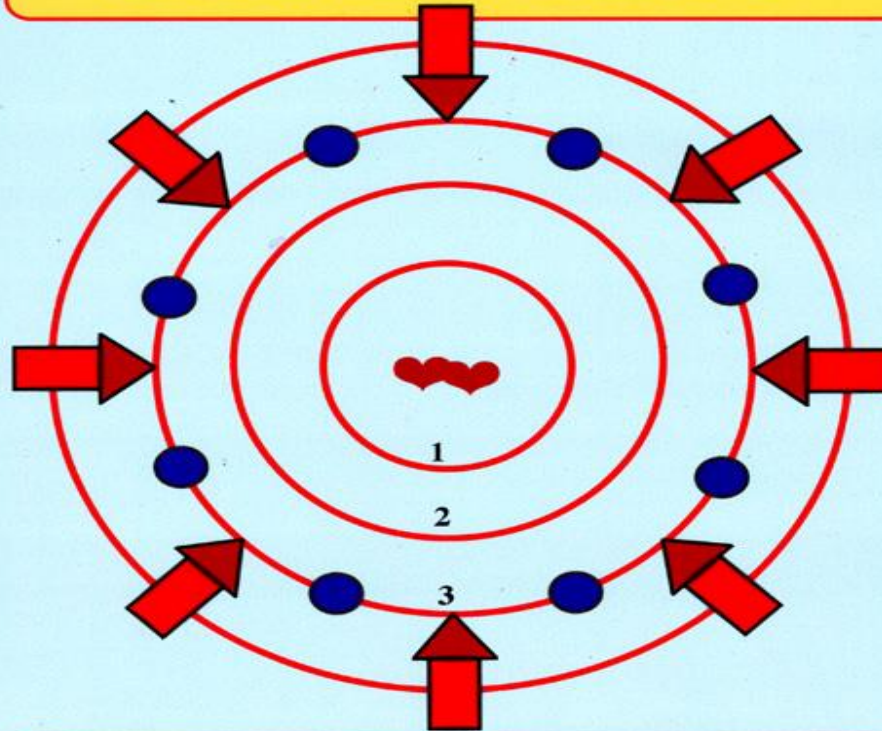
- Every participant fills out for him/herself the Circles of support



Circles of support

Circle of Support (Friends)

Fill Circles from the OUTSIDE - IN



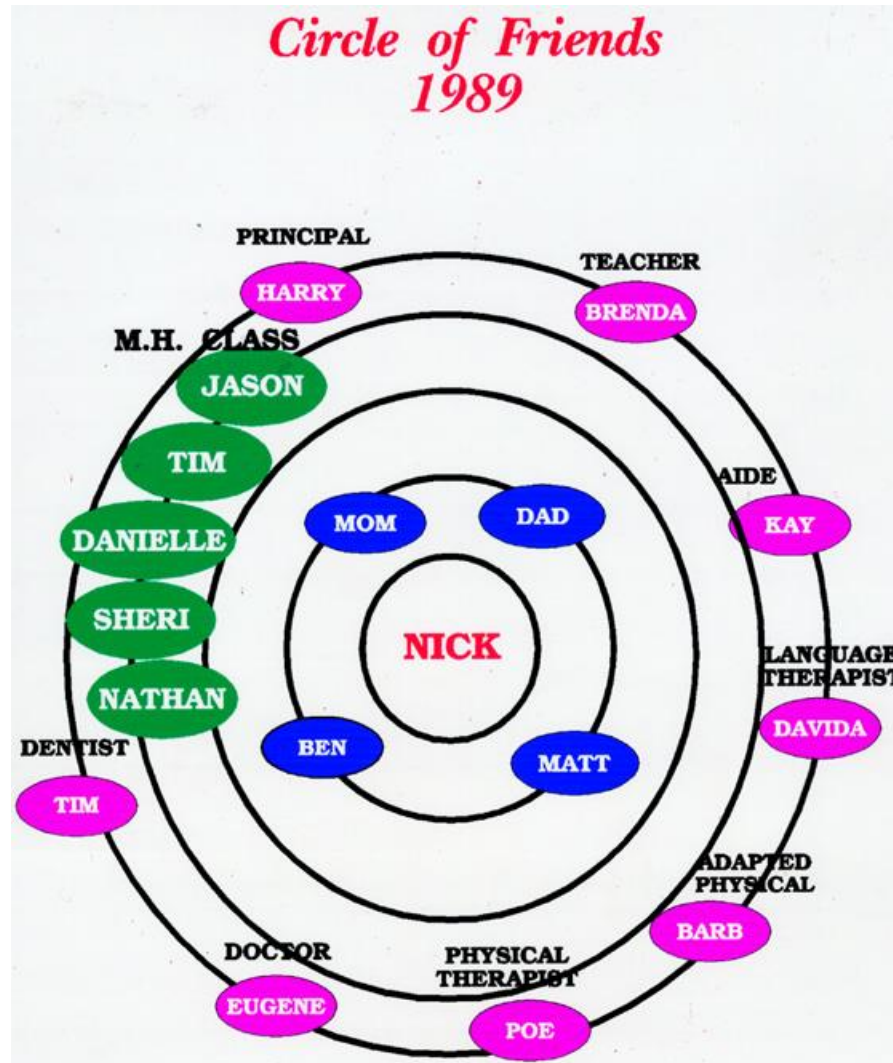
First Circle: Circle of INTIMACY
Second Circle: Circle of FRIENDSHIP
Third Circle: Circle of PARTICIPATION
Fourth Circle: Circle of EXCHANGE

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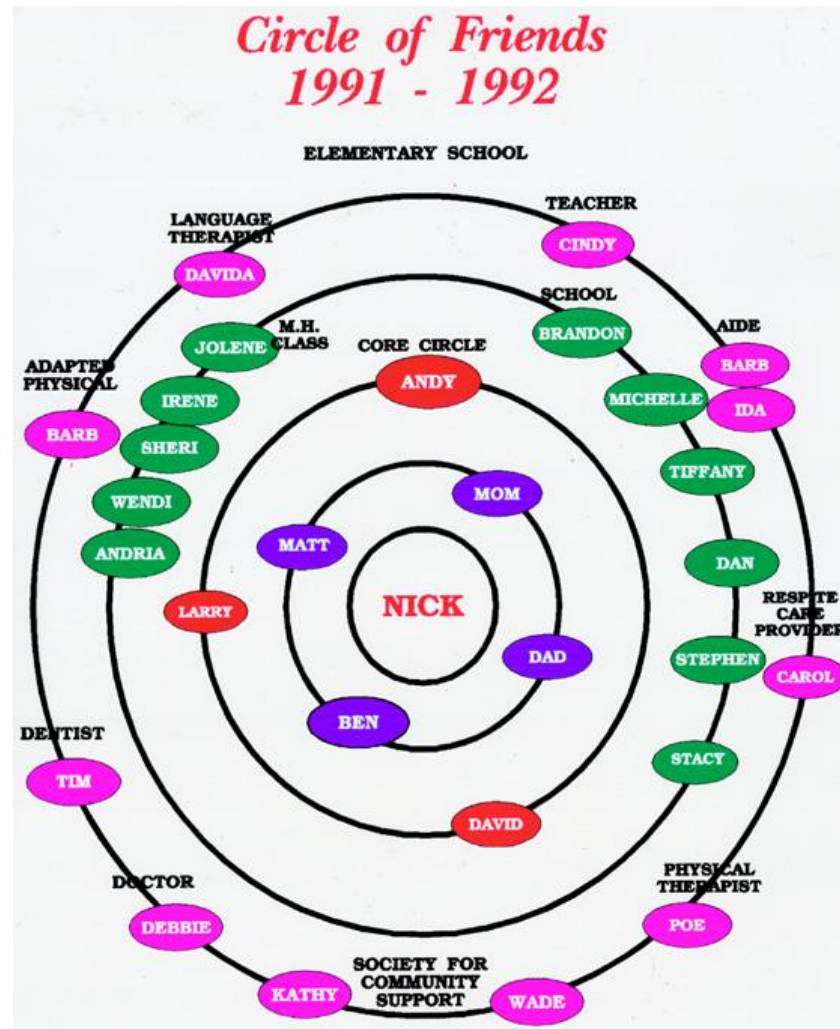
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FILLED CIRCLES OF SUPPORT



DEVELOPMENT OF CIRCLE OF SUPPORT



USE OF CIRCLES OF SUPPORT

- Use the circle of support as an assessment tool.
- Look for ways to pull people from their current roles towards to inner circle.
- Person with disabilities tend to have more people involved in their lives because they are paid to be there.
- Team should not be comprised of just professionals.
- Community members will never become into if we don't ask.



Thank you!
Any questions?

