

ESTABLISHING A PARTNERSHIP

The role of a personal assistant



PERSONAL ASSISTENCE

- Personal assistance enables equal participation in the community and giving contribution to the society.
- Assistants are crucial in supporting people with intellectual disabilities in organized housing.



Assistants provide functional support through the interpersonal **relationship**.



- Like other forms of support, well executed personal assistance is nearly transparent
- Skilled personal assistant can perform his or her functions without overshadowing the contributions and personality of the person who is being assisted.
- Personal assistance is an ongoing transaction between two people.



- Personality of an assistant is an essential element of his work; interests and skills of assistant and the supported person must complement each other.
- A good assistant is building a seamless network of support to which the supported person relies on, in order to carry out those activities in a society that otherwise would not be able to.



Relationship

- It is honest, direct and professional relationship based on respect and the leadership of the supported person.
- The relationship and connection between person and the assistant builds and develops gradually and lasts a lot longer than the employment.



- The intimacy that comes from the contact of persons who share a personal experience is a deep and sincere friendship which enables complete support.
- If employment relationship does not become personal in nature, support is not transparent - activities in such support don't lead to inclusion and participation in the community.



And that is why the role of an assistant in personal support is important, as well as the emotional relationship that develops through the support.



Thank you!
Any questions?

