

# PERSON CENTERED APPROACH



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- Holistic approach in which the person with intellectual disabilities is an active participant.
- The goal of this approach is to enable the person to live an selfdetermined life, to choose among options and make decisions about her/his life.
- The purpose of the service is to ensure that the person receives adequate support to acheive desired outcomes.



- SELF-DETERMINATION
- PERSON CENTERED PLANNING
- ACTIVE SUPPORT
- COMMUNICATION



# The Four Principles of Self-Determination

(Nerney and Shumway, 1996).

- Freedom
- Authority
- Support
- Responsibility



In order for the person to have the highest possible level of decision-making and control (self-determination) it is necessary to secure:

- Flexible resources
- Individualized financing
- Support in decision-making
- Brokering and management of support

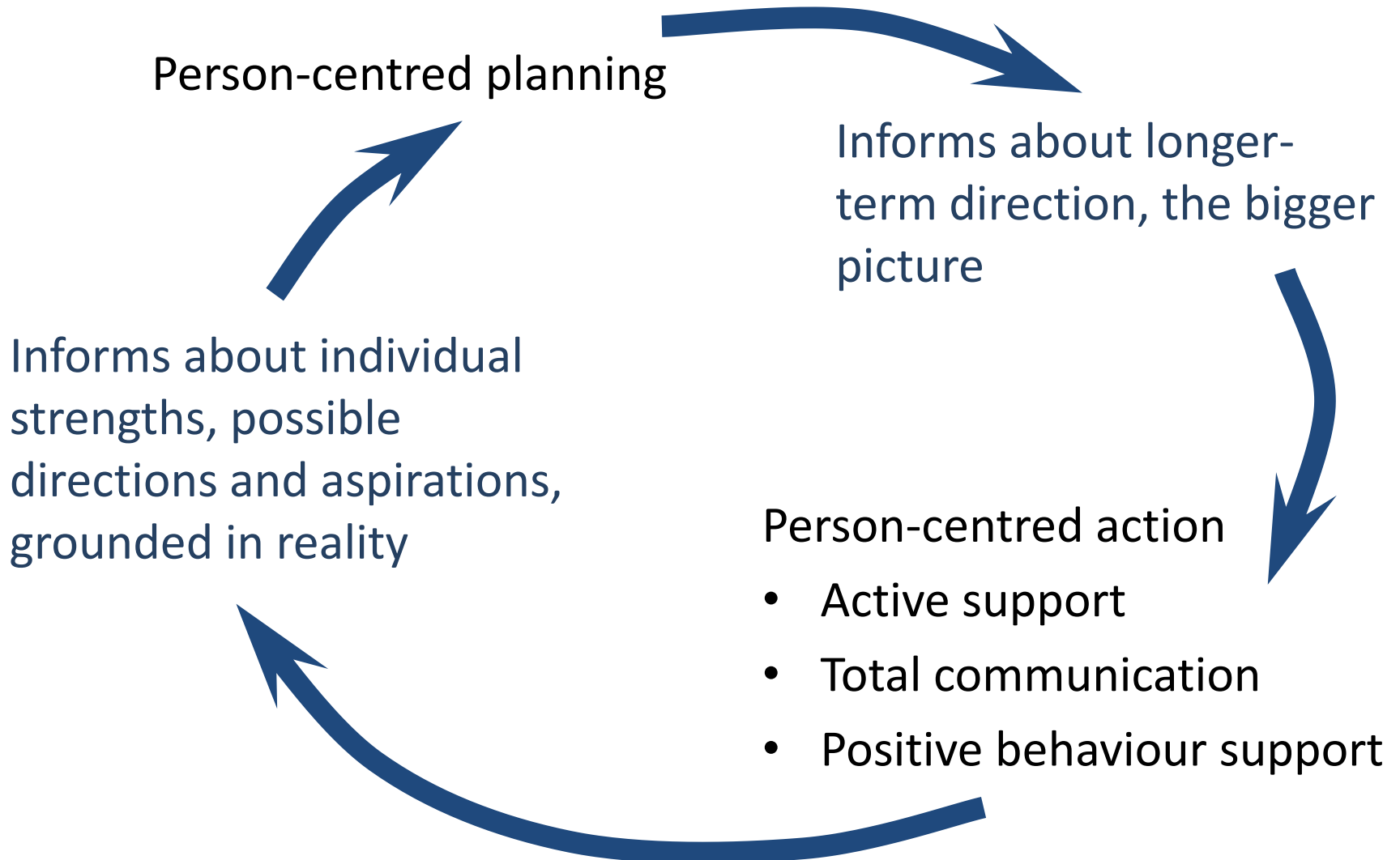


# CHARACTERISTICS OF THE PERSON CENTERED APPROACH

1. We are talking about people
2. Use of regular language (people are not diagnoses)
3. Focus on the strengths and capacity of the person
4. Empowering the person to actively participate in life and to advocate for her/his interests



# Person-centred planning and person-centred action



# PERSON CENTERED PLANNING

- Based on the wishes, priorities and needs of the person
- Focus on the views of the person receiving support
- Involvement of the family and social networks
- Focused on the support necessary to achieve the goals set by the person





# ACTIVE SUPPORT IS...

- providing enough help to enable people to participate successfully in meaningful activities and relationships,
- so that people gain more control over their lives, gain more independence and become more included as a valued member of their community.
- irrespective of degree of intellectual disability or presence of extra problems.



# POSITIVE BEHAVIOUR SUPPORT IS...

- a way of working with people who present challenging behaviour, which doesn't focus narrowly on the challenging behaviour and trying to reduce it
- focuses on preventative and educational approaches
- involves careful assessment of the function of the challenging behaviour, changing the situation so that triggering events are removed, teaching new skills that replace challenging behaviour, minimizing natural rewards for challenging behaviour and an emphasis on improving overall lifestyle quality.



# TOTAL COMMUNICATION IS...

- a way of supporting people with communication difficulties.
- Involves the complementary use of signs, symbols, pictures, photographs and objects, as well as speech to improve understanding, expression and literacy or other forms of verbal communication such as vocalisations or humming.
- Involves ensuring that everyone providing support uses the same methods and that all means of communication are valued and responded to.



# GOALS OF PERSON CENTERED APPROACH

## **Moving away from:**

- Isolation, separation, activities and schedules
- Rejection, loneliness, disregarding
- Negative reputations, negative self-fulfilling prophecies
- Lack of representation, powerlessness
- Underproductiveness, no resources, low expectations

## **Toward daily experiences which lead to:**

- Community presence
- Community participation
- Encouraging valued social roles.
- Promoting choices
- Supporting contribution

Thank you!  
Any questions?

